



DARBARI LAL D.A.V. MODEL SCHOOL, ND BLOCK, PITAMPURA,

DELHI

Ref. No. : DLDVMS/2021-2022/PPS-15/

Dated : 21.3.2022

Dear Parents,

CLASS X

I hope that your ward must be fully prepared for the forthcoming CBSE class X Board examination which as announced begin from 26th April 2022 . I wish students all the very best for the exams. I am confident that each one of them will excel and perform to the best of his/her calibre and capacity. Here are a few points which I would like you to take a serious note of.

1. Anxiety, stress and fear will lead to lack of concentration, confusion and will shake confidence.
2. Plenty of fruits and vegetables must be given regularly. Fried, oily food, excess of tea and coffee must be avoided.
3. Adequate sleep is a must. It will keep the mind fresh and relaxed.
4. A regular time table must be chalked out and followed.
5. Keep yourself away from digital distractions.

Remember that the school stands by you throughout the examination period. Reach out to your teachers when in doubt. Seek their help when required and stay connected.

The examination time is very crucial for your ward so, I request you to go through the following points for her/his comfort and convenience.

Please note that Admit Cards will be issued to students by the Class Teachers as and when they are received by the school from CBSE.

1. **The Examination Centre is Rukmani Devi Public School, CD Block, Pitampura, Delhi.**
2. ROLL NO., pens, geometry box must be carried to the examination centre without fail. Photostat copy of the roll number should be kept at home for emergency purpose. **IDENTITY CARD IS MUST FOR ENTRY.**
3. Children must go in proper school uniform to the centre.
4. **It is essential that your ward leaves early to reach the centre and be there before time (at least half an hour before time). Frequent traffic jams and road diversions can cause delay. Visit the Examination centre a day or two earlier to check the route and avoid wastage of time on the examination day.**
5. Avoid lending books and notebooks to friends or others during exam time. It may lead to wastage of time in trying to recover those back.
6. No student should carry any electronic device such as calculator, mobile phone, log table etc. to the Examination Hall.
7. Children must be polite and courteous in their behaviour at the centre and must not, in any circumstances, argue with anyone there.
8. It is very important that no child carries any unwanted material to the examination centre or attempts to use unfair means in the examination. The school shall deal very strictly with any such case that is brought to its notice. "A school is judged by the conduct of its students". Hence it is their responsibility to bring good name to the school.

Presentation of the Paper

1. Write neatly, boldly and legibly. Do not make unnecessary & untidy cuttings and scratching.
2. Read and understand the questions thoroughly. Be specific in answers (especially in Science and Social studies) and check the marks allotted.
3. Fill in the details on the first sheet of main supplement neatly and correctly. Write your name, Roll No., No. of supplementary sheets used etc. in the space provided. Do not write it on any other sheet.
4. Attempt to do the easier questions first and then go on to complete the paper.
5. Draw neat and labelled diagrams and do neat map work. (in specific papers)
6. Do not write anything in the space above margins.
7. Being time conscious is very important. Speed must be maintained so as to complete the paper in time and spare at least ten minutes to tie your paper securely and to revise it thoroughly. It must be ensured that all questions have been attempted.

TIPS FOR PARENTS

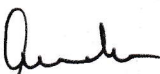
It is my good fortune to be accompanied by a very cooperative and encouraging parent community in this noble task of educating children and empowering them to face the challenges of life courageously. I am extremely grateful to you for this. At this crucial time in your ward's life, I offer a few examination tips to you too.

- a. Be available for your child to address any concerns. Knowing that some is always there for them can make a huge difference to their mental well being.
- b. After the exam, listen to their concerns and avoid criticizing them as it may increase stress for next exam.
- c. Deal with child's examination stress, anxiety and negative statements with positive attitude and encouraging statements.
- d. Provide emotional support.
- e. Do not have over expectations
- f. Create right environment for studies
- g. Do not constantly nag children to study.
- h. Ensure that they take break and allow breathers.
- i. Help to handle pressure.
- j. Take counselling if unable to handle pressure (visit school website).

Let us together, you and we, make the examination, a tension free and a pleasant experience for the children and help them face it boldly.

Thank you,

Yours sincerely,


(Mrs. Anita Wadehra)
Principal