

**D.A.V. MODEL SCHOOL**  
SECTOR-15A, CHANDIGARH

No....60.....

Date : 23/7/18

**ADVISORY TO PARENTS**

Dear Parents,

The school is concerned about the adverse effect on health of growing children due to the use of heavy school bags. We seek your cooperation in our endeavours to reduce the load of school bags of our students. The following suggestions should be implemented by all parents :-

- Kindly purchase lighter school backpacks with two taut straps.
- Children must be reminded and supervised in repacking their bags everyday as per the timetable and it should be ensured that they do not carry unnecessary items such as story books, play things etc to school.
- Children are often in the habit of storing things in their school bags, therefore regular cleaning of the school bag is essential.
- The bag should be put on tightly to the child's back, rather than hanging off his/her shoulders.
- Students must bring only one tiffin box and avoid carrying water bottles as the school has provision for safe drinking water.

*Simran Kaur*

(Mrs. Simran Kaur Dhillon)  
Counsellor

*Anuja Sharma*

(Mrs. Anuja Sharma)  
Principal